

RESIDENCY

NEWSLETTER

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Announcements

- **EPIC Care everywhere** - Kaiser NorCal records are on Care Everywhere as of 12/19/13. You may ask your patient for verbal consent and use your password for login to access the record (like you do for Sutter now).
- **Social media** - please use with care - you don't always know who is seeing your posts. This is a small place.
- **Elective experience write-ups** - please write a less-than-one-page summary of your elective time (R2 track and R3 track and elective). We will be keeping these in the residency office for documentation and future reference by other residents. Submit to the office directly or electronically to Ernestine at ecuyler@ccfamilymed.com.
- **PBL reminders** -
 - Residents are expected to attend PBL during Jeopardy & TRK elective (2nd & 3rd years) unless they get jeopardized or are away. Please let Alison Jackson know if you do get jeopardized.
 - Please note that PBL evaluations are available to presenters & facilitators for review. Please write feedback in a constructive manner.
 - Please arrive to PBL on time. Our attendings are working hard to create useful and interesting sessions, and they do notice when we are late.



Happy Birthday!
Blocks 7/8/9

Kathy Hamlin - Nov 25

Kim Butler - Dec 2

Abby Luensmann - Dec 16

Abby Rardin - Jan 24

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Director's Corner

Hi everyone -

Happy solstice. I love winter solstice because it means the days will start to lengthen. Harkening back to basic things like changing of the seasons and light offers a bit of contemplative space for me that is often hard to find in daily life. When I take some time to reflect, the gratitude I feel for those around me helps buoy the stress and strain of work and holidays, family and commitments.

The privilege of being a physician and beyond that of teaching the next generation of physicians is something I hold very dear. You, the residents, are a wonderful group of people as well as amazing individuals. Your

UPCOMING EVENTS

- 1/6 Interview Dinner hosted by Chris
- 1/8 Ranking Committee
- 1/10 M&M Conference
- 1/15 Ranking Committee
- 1/17 All-Resident Meeting
- 1/22 Ranking Committee
- 1/29 Ranking Committee
- 1/31 M&M Conference
- 1/31-2/2 Intern retreat
- 2/21-2/23 3rd year retreat

enthusiasm and curiosity, passion and thoughtfulness all provide unparalleled care for our patients; I and your teachers learn from you every single day. I hope you know that we appreciate your hard work and dedication.

I truly value the presence of each and every one of you in our "family" at CCRMC.

Kristin



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Inpatient Updates

Monday is Feedback Day!

In order to encourage frequent, constructive, bi-directional feedback on inpatient rotations, Monday has been designated as Feedback Day. Every Monday during rounds, each resident-attending pair on inpatient is encouraged to take 10 minutes to give each other feedback. The inpatient department heads are encouraging their respective attendings to do this, and we can be proactive in reminding them on Mondays as well.

ICU Trial Update

The Closed-ICU trial is back in motion, and is set to take place Blocks 10-11. The planning committee is polishing the final details, but the structure will include an ICU team of an R1, an R3, an ICU

attending, and an attending from either FMS or Med. Each block will be split in half, so that the R1 on Med1A will be on the team the first two weeks of the block, then the R1 on Med1B will do the second two weeks. The R3's will be from FMS 3A and FMS 3B. The day-to-day schedule will be a bit creative to integrate the R2 on ICU, so the folks who will join the ICU team will hear from Abby about the details. The planning committee appreciates the effect a temporary trial has on many different residents – both positive and negative. Therefore everyone is putting a great deal of thought and effort into planning the trial, so that we can accurately see if this is a good change to implement into the schedule permanently or not. Your feedback will be key! Feel free to email/call/shake down Abby R at any time with any feedback.

Night Supervision Trial

Jan 20th-Feb 3rd the Inpatient departments are trialing the role of a nocturnist. An attending will work from 8pm-8am with the job of overseeing admissions, hospital flow, and supporting the residents at night. Exactly what this will look like is being designed now. Resident input is key in creating a helpful role that supports resident education – so email Abby if you have any thoughts or input.

