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| [beach sea sand rock love food produce balance pebble brown romance romantic bottle rest dessert material stones relaxation hell silent mussels wellness chill out love letter message in a bottle](https://get.pxhere.com/photo/beach-sea-sand-rock-love-food-produce-balance-pebble-brown-romance-romantic-bottle-rest-dessert-material-stones-relaxation-hell-silent-mussels-wellness-chill-out-love-letter-message-in-a-bottle-819993.jpg)  accepting new referrals  Integrative consult clinic  **What is it?** 45 minute visits, addressing roots of chronic disease with complementary + conventional care. Tools will include: Nutrition, movement, sleep hygiene, herbs/supplements.  **Who to refer?** Chronic disease patients who WANT complementary + conventional care. Adult or Pediatric.  **Who not to refer?** Pregnant patients | **Where and When?**Pittsburg Health CenterMondays 1- 5 pm────**This is CONSULT clinic. We will see patients for a few visits, and make recommendations to PCP.** Refer through cclink, **type “Integrative Consult Clinic”**  **Questions?**  See CCRMC Wiki Integrative Health, or email Michelle Wong |