In order to help you better utilize rehab services, please take a moment to review the services we currently offer. We evaluate and treat patients on every floor and unit.

***OCCUPATIONAL THERAPY (OT)***

* Provide mentalhealth services (4C)
* Provide exercise programs to improve range of motion and strength
* Sensory and motor re-education
* Provide training in functional transfers
* Perform cognitive assessments (KELS)
* Provide training in adaptive methods for daily activities and mobility
* Provide training in self-care and personal hygiene
* Educate patients s/p mastectomy in exercise and lymphedema
* Fabricate custom upper extremity splinting and positioning devices
* Identify equipment needs for discharge
* Assist with discharge planning and provide recommendations.

***SPEECH THERAPY (SLP)***

* Perform modified barium swallow evaluations
* Provide training in swallowing strategies and recommend diet modifications
* Provide dysphagia therapy to correct physiological issues
* Speech, language, cognitive – linguistic & voice therapy
* Develop and train patients and family in alternative or augmentative communication systems
* Train patients with tracheostomies to use speaking valves
* Assist with discharge planning and provide recommendations.

***PHYSICAL THERAPY (PT)***

* Provide patient and family training in bed mobility, transfers, gait, stairs and W/C mobility
* Fit patient for assistive devices (see other side), AFOs and Darco shoes
* Provide exercise programs to improve range of motion, strength, motor control and balance
* Educate patient, family and staff on proper body mechanics and fall prevention
* Identify equipment needs for discharge
* Assist with discharge planning and provide recommendations.

**Weekends:**

There are generally two PTs and one OT on the weekends. **There is NO speech therapy coverage.**

**Making a referral:**

Please order PT/OT/ST eval and treat ONCE

**Please be sure to update your patient’s activity level and weight bearing status, otherwise PT/OT may not be able to evaluate your patient.**

Once order is received, your patient will be seen within 24 hours. Since our rehab schedule is completed around 8am, most patients will be seen the day after the referral is made. **Therefore, if you have an urgent request, please page a therapist or contact the Rehab Dept at x5750.**

In order to help you identify your patient’s therapist, we post our rehab schedule on each unit after 8:30am every morning.

If the patient has skilled inpatient therapy needs, we will see the patient until they meet their rehab goals or are discharged from the hospital. Patients may also be discharged from our service for repeated refusals (usually 3x). When a patient changes floors we continue to follow them.

Each day we prioritize our patients by diagnosis and status. New evaluations are our highest priority, as are patients on ABCDE protocol and patients with post-op orthopedic or acute neurological problems. With a higher census, some patients may not be seen every day.

*To order* ***outpatient*** *therapy, please order* ***PT/OT Internal Referral*** *or* ***ST?****.*

**Patients not appropriate for PT/OT referral:**

Not all patients are appropriate for rehab. Please consider these guidelines before making a referral.

Inappropriate referrals occur when a patient is:

* At their prior level of function
* Walks & performs their ADLS independently
* On comfort care or hospice, unless the patient requests rehab services or family requires training
* Cannot follow commands or no longer has the ability to learn.
* Is medically unable to participate in treatment program.

**Evaluations:**

Each evaluation begins by reviewing the patient’s chart and consulting with the nurse. During the evaluation we assess the patient’s prior level of function and home situation. We assess impairments and functional limitations, set goals, plan treatment and determine prognosis for reaching their rehab goals. We also make discharge recommendations.

**Documentation:**

Look for our documentation under ‘Patient Summary’. Links to our documentation can be found at the center bottom under ‘Rehab Services’. For an overview, select ‘OT Overview’, ‘SLP Overview’ or ‘PT Overview’.

**Wheelchairs and Bedside Commodes:**

We have a limited number of wheelchairs that are for use during therapy sessions. We are unable to leave them with patients for their personal use.

Should a patient require a wheelchair for a longer period, unit wheelchairs are available from nursing on 4B, 5D, 3D and 4C.

If a patient needs a wheelchair or bedside commode at discharge, please send the wheelchair order to Discharge Planning. Availability depends on the patient’s insurance coverage.

**Equipment we dispense:**

* Walker – Front wheel, platform and hemiwalker
* Cane – Single point, quad
* Crutches – Axillary and Loftstrand
* Multi-podus boots and night splints
* Darco shoes – Surgical shoe, heel pressure relief, forefoot pressure relief
* AFOs
* Hand and wrist splints
* Hand exerciser
* Shoulder sling (not post-op shoulder surgery)
* Knee sleeves (not immobilizer or brace)
* Abdominal binder and SI belt
* Soft cervical collar
* Theraband and theraputty

*Custom fitted back braces and prosthetic & orthotic devises are supplied by an outside vendor and MD must order them.*

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***Inpatient Rehabilitation Therapy***

*Occupational Therapy*

*Physical Therapy*

*Speech Therapy*

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