

Falls Prevention Home Assessment

Directions: Check the appropriate environmental risk as identified in your senior partner's living environment. Multiple risks represent increased chance of falls. Share your findings with your senior partner!

ILLUMINATION:

Is lighting adequate (especially on stairs, entryways, and hallways)?

☐ Yes ☐ No ☐ N/A

Are light switches available by the entry way of all rooms and at the top and bottom of stairs?

☐ Yes ☐ No ☐ N/A

Are night lights available in the bathroom or bedroom or in easy-to-reach areas that illuminates the pathway from bedroom to bathroom?

☐ Yes ☐ No ☐ N/A

FLOOR SURFACES:

Are floors even and in good repair?

☐ Yes ☐ No ☐ N/A

Is flooring or carpet tacked or taped down?

☐ Yes ☐ No ☐ N/A

Are floor surfaces slip resistant, e.g., water or other slippery substance(s) wiped up and/or non-skid wax used?

☐ Yes ☐ No ☐ N/A

Are rugs and mats nonslip?

☐ Yes ☐ No ☐ N/A

Are exits, hallways, and pasageways between furniture free of obstruction, low furniture, or "clutter"?

☐ Yes ☐ No ☐ N/A

STAIRWAYS:

Are step surfaces in good repair and slip resistant?

☐ Yes ☐ No ☐ N/A

Are handrails present to support mobility on stairways?

☐ Yes ☐ No ☐ N/A

FURNISHINGS:

Are beds low in height and stable to support transfers?

☐Yes ☐No ☐N/A

Are chairs equipped with armrests and stable to support transfers?

☐Yes ☐No ☐N/A

Are bedside and dining room tables stable to support walking mobility (if leaned on)?

☐Yes ☐No ☐N/A

BATHROOM:

Are grab bars available in or around the bathtub, shower and toilet?

☐Yes ☐No ☐N/A

Are non-skid decals, strips or rubber mats on the floor of the tub or shower?

☐Yes ☐No ☐N/A

Is a raised toilet seat available?

☐Yes ☐No ☐N/A

Are towels and washclothes properly hung up?

☐Yes ☐No ☐N/A

ALL LIVING SPACES:

Are drawers and cupboard doors closed?

☐Yes ☐No ☐N/A

Are electrical and phone cords removed from floor?

☐Yes ☐No ☐N/A

Are there any pet(s) that may be underfoot?

☐Yes ☐No ☐N/A

Is an appropriate step stool used to reach high places?

☐Yes ☐No ☐N/A

PERSONAL PRECAUTIONS:

Are clothing and other items properly stored and not on floor?

☐Yes ☐No ☐N/A

Are shoes appropriately stored and not on floor?

☐Yes ☐No ☐N/A

Are long, loose or "trailing" clothing worn?

☐Yes ☐No ☐N/A

Are loose, high-heeled or unsupportive footwear used?

☐Yes ☐No ☐N/A