



## **Contra Costa Fetal Infant Mortality Review Interconception Care Program**

The Contra Costa (CC) Fetal Infant Mortality Review (FIMR) Program is an Interconception Care model aimed at reducing racial inequities in birth outcomes. FIMR focuses on organizational change to create a system to better serve women at risk for adverse birth outcomes by educating providers, promoting best practices, and fostering coalitions and collaboratives throughout Contra Costa County.

Through the CC FIMR case review process, FIMR has identified a number of factors associated with a woman's risk of experiencing poor birth outcomes. These risk factors include: African American race, obesity, marital status, partner abuse, isolation, substance abuse, unintended pregnancy, pre-term labor, pre-existing medical conditions, history of previous poor birth outcomes, and unstable housing. FIMR case review process findings suggest that enhancing interconception care services to promote health and well-being in between pregnancies will serve as a means to improve birth outcomes.

CC FIMR uses the Life Course Perspective as a guiding framework which stipulates that prenatal care alone is not sufficient to produce improved birth outcomes. Therefore, in order to improve birth outcomes, interventions must address health equity and the social determinants of health. Social determinants of health means that where women live, learn, work, and play contribute to their overall health status.

This fiscal year, FIMR will collaborate with Comprehensive Perinatal Services Program (CPSP) providers to 'pilot' a process to integrate interconception care services into their existing practices. The pilot will focus on African American women living in West Contra Costa County who have experienced a fetal or infant loss, pre-term birth, very low or low birth weight baby. Activities will include:

- ⑫ Developing a collaborative process with the Contra Costa Crisis Center to provide post-loss services
- ⑫ Conducting on-site trainings for providers and community partners to orient them to the system of care for linking women to post-loss services
- ⑫ Collaborating with existing community agencies
- ⑫ Creating linkages and referral systems with other agencies

For additional information, contact Sylvia V. Taqi-Eddin, FIMR and Interconception Care Coordinator at [sylvia.taqi-eddin@hsd.cccounty.us](mailto:sylvia.taqi-eddin@hsd.cccounty.us) or (925) 313-6975.

