

RESIDENCY

NEWSLETTER

New Residency Bulletin Board <i>On CCRMC Wiki find the latest news and helpful tools</i> Page 1	Locums Weekend Rounders <i>Possible shifts to inpatient structures coming</i> Page 1	Resident CCLink Inbaskets <i>Solutions being considered</i> Page 2	PDOCC Info <i>The doctor's union has been tackling administration on tough issues</i> Page 3
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HIGHLIGHTS

New Residency Bulletin Board on CCRMC WIKI

- ✓ Go to ccrmc.wikispaces.com website to access new "Residency Bulletin Board"
- ✓ Full of organized residency info including:
 - ✓ Admin paperwork (reimbursement info, etc)
 - ✓ CCLink workflows
 - ✓ Scheduling info
- ✓ Have an idea for helpful info for the site? contact Ne for submission

Inpatient Updates

- ✓ Please look at new CCLink workflows under wiki, specifically:
 - ✓ Signout dot phrases
 - ✓ Night Float Resident Hospital Audit and Board Redistribution (uploaded soon!)
- ✓ Remember to sign out EVERY patient EVERYDAY:
 - ✓ New floor patient "dot phrase" .floorsignout (please use this for every patient!) (thanks to our intern H.O.s Stephen, Piccinati and Wondo)
- ✓ Reminder: Automatic callback when down 5 admits (ICU senior has discretion)

Possible Locums for Weekend Rounders

- ✓ Inpatient Taskforce (group created to address inpatient stress issues) has had meetings surrounding inpatient stress for attendings and residents, which has increased since CCLink implementation (Ne is resident member of this group)
- ✓ With Winter coming, there is concern for continued lack of enough attending manpower, specifically affecting patient safety, resident education and resident stress/burnout.
- ✓ The current SHORT TERM proposal is to have locums do structured weekend rounding 8am-5pm, IF current CCRMC staff cannot fill in the current gaps. Locums would NOT supervise residents and would NOT see ICU patients, but would signout to residents. This issue will be discussed at next ALL RESIDENT MEETING, Taskforce to come with updates and give Q&A. If you want to discuss before then contact Ne, but trying to keep everyone in the loop along the way.
- ✓ Additional LONG TERM solutions to inpatient issues will be discussed soon, if you are interested in being involved in this and other inpatient issues, contact Ne

Med Staff Dinner

Friday Sept 21, 2012



- ★ Mandatory for Interns
- ★ Find Ori at dinner for Free Drink Coupons!
- ★ All residents covered for hospital duties from 5pm-Midnight!
- ★ See Cheryl Goodman if you want to buy tickets
- ★ Don't miss a repeat of Kleinerman's ridiculousness!

COME SUPPORT THE INTERNS!!!!!!

RESIDENCY NEWSLETTER

Help Chose the name of the Newsletter!

Send in your submissions for the name of the bimonthly residency newsletter... current suggestions are:

“CCRMC Oyster– the world is ours”

“Contra Costa Cowpie– all of the sh*t, none of the bull”

Examples of poor suggestions that will not be voted on include :)

“The Methamphetamine– it’s crystal clear”

****email Ne with submission****

****Voting to occur during next all residency meeting****

Give Feedback on Rotating Medical Students!!!!

✓ If you had a med student on rotation, ate lunch with one or had any interaction that was meaningful enough to comment, please give feedback to be placed in their file for ranking committee! This is invaluable information for the committee in helping choose a fantastic Class of 2016!

✓ Email info to Kate Goheen



Resident CCLink Inbaskets

- ✓ We all realize this has been a major stress, Lead Preceptors have been working on models of improving this including:
 - Virtual FMC (managing inboxes during specific time with resident preceptor, but with no patients scheduled)
 - Decrease FMC roster numbers to carve out addtl time for inbaskets
- ✓Still required to do inbaskets on NHO, NA, NF, ICU, if you are having trouble then contact your clinic preceptors. Vacation/Away electives covered by preceptors
- ✓For non-licensed residents, for refills outside of clinic, send QuickNote to Care Coordinator approving refill and asking to forward to preceptor
- ✓Contact Dave Longstroth if you want to be involved in problem solving

Decompression Session

We all need to remember to take care of ourselves through the craziness of residency

->Get a massage: Low cost massages from National Holistic Institute. One hour massage in Emeryville for \$35. http://www.nhi.edu/massage_clinic/appointments.html

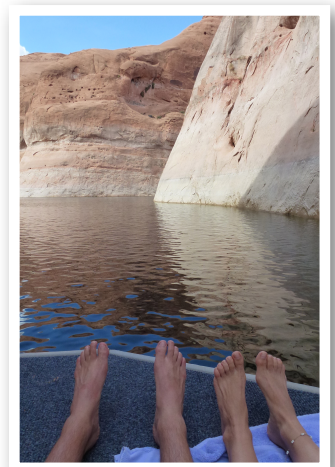
->Plan a vacation to look forward to!

->Look at different conferences you might be interested in going to, education fund baby!

->Tell someone a joke:

“Two Eskimos sitting in a kayak were chilly. But when they lit a fire in the craft, it sank, proving once and for all that you can’t have your kayak and heat it too.” HAHAAHAHAHA!!!!

*Submit ideas and pictures to Ne for the next newsletter



RESIDENCY NEWSLETTER



PDOCC Overview

❖PDOCC has been in intense discussions with Hospital administration regarding provider stress, lack of compensation, lack of support especially in CCLink transition, CCLink affecting patient safety among others.

❖Future events to take part in:

❖Joint Conference Committee Monday 9/24 at 10am Noon Conference

❖Patient Care and Safety Action Wed 10/3 at Noon, details to follow

❖Contact Dave MacDonald (PDOCC president) or Jon Froyd (resident member) for further information



Lafayette Run

- ❖Annual race around Lafayette reservoir
- ❖Fundraiser to support residency
- ❖Sunday Oct 28th
- ❖10K start at 8:45am
- ❖5K start at 8:30am
- ❖2 mile fun run start at 8:00am
- ❖Travis Nelson designed amazing Tshirt for participants
- ❖Details to follow from Dave Longstroth

NEXT ALL RESIDENT MEETING:

- **November 16th** (NOT in Noon conference, in Public Health Building 2nd floor)

Residency newsletter is bimonthly production that is sent out every other block when there is NOT an All Residency Meeting (these meetings are scheduled first Friday of block from 12:15-2pm, clinics cancelled until 2:30pm. Upcoming 2012-2013 dates are :

10/5/12
11/16/12
1/18/13
3/8/13
5/3/13

**Contact us about ideas or pictures you have for newsletter*



**Happy
Birthday
Blocks
3, 4 & 5!**

*Stephen 8/14/12
Courtney 8/29
Jess 9/2
Lauren Wondo 9/9/82
Danielle Draper 9/12
Moni 9/15*

Joe Mega 10/21

**Special Happy Birthday to Erin Helgersen's new baby Girl, Anna Lucia born on 9/16... the new 2013 Class Baby!*