

The Brief Headache Screen (BHS)

1. How often do you get severe headaches (difficult or unable to continue normal function)?

daily or
near daily

3-4 days/
week

1-2 days/
week

1-3 days/
month

1/month-
1/year

almost
never

2. How often do you get mild or less severe headaches?

daily or
near daily

3-4 days/
week

1-2 days/
week

1-3 days/
month

1/month-
1/year

almost
never

3. How often do you take pain relievers, or any medication to relieve headache symptoms? (Do not include prescribed preventive medications such as Inderal, Pamelor, Depakote, etc. Preventive medications are prescribed to be used every day whether there is a headache or not).

daily or
near daily

3-4 days/
week

1-2 days/
week

1-3 days/
month

1/month-
1/year

almost
never

4. How often do you miss some work or leisure time because of headache?

daily or
near daily

3-4 days/
week

1-2 days/
week

1-3 days/
month

1/month-
1/year

almost
never