**Adolescent Substance Abuse: Learning Objectives**

By the end of the rotation, residents will be able to:

1. Know the prevalence and trends of smoking, alcohol and drug use in adolescents.
2. a. Describe and use a validated screening tool, CRAFFT, for adolescent substance abuse in your family medicine or pediatric clinic.

2. b. Bring in at least one de-identified copy of a chart note where you used the screening tool, CRAFFT, and recorded the adolescent’s responses.

1. Conduct a SBIRT in family medicine clinic or pediatric clinic (Screening, Brief Intervention, Referral to Therapy) to provide:

a. Praise and encouragement when there is no use.

b. Brief advice when the screen is negative.

c. Brief assessment when the screen is positive.

4. List at least 4 “red flags” of adolescent substance abuse.

5. Discuss the importance of a urine tox screen and be able to obtain an adolescent’s consent to do one when appropriate.

6. Describe the stages an adolescent with a substance use disorder goes through as they are treated in an outpatient substance abuse treatment program.

7. Demonstrate the use of motivational interviewing to elicit change talk in at least one adolescent who:

a. smokes cigarettes, is ambivalent, but has good reasons to quit.

b. drinks alcohol and wants to quit.

c. smokes marijuana and wants to quit.

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